

Stara Bridge Community Woodland Nr Rilla Mill

 \bigcirc Allow: 1 – 1 ½ hr to complete this woodland walk

A moderate walk with steep ascents & descents and a favourite for dogs that love to swim, after rain paths become particularly wet.

There are no public toilets and take care of raised river levels after rain.

- Your starting point is a Public Footpath opposite the The Manor House Inn at Rilla Mill PL17 7NT
- Follow the undulating path keeping the river Lynher on your left, taking the lower path offers an extra swim spot
- Follow the trail to go through a gate using stepping stones to cross a stream and muddy area
- Next a fork with a holly bush in front, hiding a wooden gate which steeply leads up steps and path
- It's time to get dogs on leashes as you approach a quiet lane!
- Turn left downwards, keeping a a keen eye for a narrow path on your right. (If you miss it, follow the lane to the medieval bridge and turn right into the woodland)
- The path meanders through native trees towards a conifer plantation via another gate and a mining cave to the right. Keep left to join a stony track leading down to the river and a deep swim area
- Turn right to a rope bridge traversing the river
- Beyond you can explore permissive trails, leading to a cascade with more swimming opportunities and revealing an industrial past

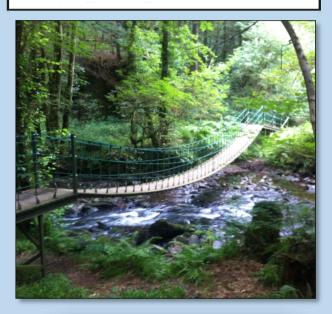


Happy Walking - Joanne @ Dog Walking with Care



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For more details about the community woodland <u>www.starawoods.co.uk</u>



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